

TRINITY SCHOOL FOR SENIORS

2024

Course Information

For Adults 60 Years and Older

Term Three 29 July - 13 September

Term Four 14 October - 29 November

Companionship through Learning

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UNITING CHURCH IN THE CITY TRINITY SCHOOL FOR SENIORS STUDENT CHARTER

The Trinity School for Seniors (TSFS) is a mission outreach of the Uniting Church in the City (UCIC), committed to helping older adults to participate in lifelong learning and to foster and enhance friendship and companionship on this journey. The Trinity School for Seniors functions as an inclusive community facility, to provide education and a mutual support network which meets the physical, emotional, social, intellectual, pastoral and spiritual needs of Seniors in the wider Perth community.

The Uniting Church in the City's vision states:

“On the way with Jesus, to touch and transform the people of Perth, to journey with the wider church, and to engage with our neighbours in the world.”

The objects of the Trinity School for Seniors are to provide:

- ***Companionship:*** *by conducting activities for students which enhance friendships and the sharing of mutual interests;*
- ***Learning:*** *through structured learning programs for students which increase their skills and knowledge and their capacity to contribute meaningfully to community life;*
- ***Well-Being:*** *through the conduct of activities and structured learning programs for students which assist them to remain physically and mentally healthy.*

The Trinity School for Seniors School was started in 1979 at Trinity Church and is celebrating its 45th anniversary in 2024. TSFS currently provides over 80 courses for 400+ students, five days a week during a term, and over four terms per year.

PURPOSE

The Student Charter reflects these inter-related visions and is an expression of values and intent. The purpose of the Student Charter is for students of TSFS to understand what it means to be a student at TSFS and includes the expectations students and staff at TSFS have of each other and the Schools role and how it fits into the operation of the Uniting Church in the City (UCIC).

EXPECTATIONS

Students can expect the right to:

- Be treated fairly and ethically, with respect, dignity and tolerance;
- Have access to information about TSFS regulations, policies and procedures;
- To learn in a supportive and encouraging environment;
- Have their opinion represented through the Student Voice Committee on all matters affecting students;
- Have opportunities to contribute to the organisational, social and cultural life of TSFS through the Student Voice body, together with opportunities to provide feedback for the improvement of TSFS;
- Representation on the TSFS Committee of Management through the due process for election to that body;
- A safe and healthy environment;
- To have any records concerning them dealt with in ways that are secure, with access restricted to designated persons of TSFS;
- To be given a copy of this charter when first enrolled.

Students have the responsibility to:

- Recognise the rights of others, including the rights of other students covered by this Charter, as well as the rights of staff, tutors and visitors;
- Uphold the reputation of the TSFS while engaged in TSFS activities;
- Respect the UCIC/TSFS property and the property of others;
- Not purport to speak or act on behalf of the TSFS, unless explicitly authorised to do so.

TSFS expects students to:

- Behave in a manner that demonstrates respect, dignity and tolerance towards staff of TSFS, tutors and fellow students;
- Adhere to TSFS rules, regulations, policies and procedures;
- Actively and positively participate in teaching and learning;
- Contribute to the organisational, social and cultural life of TSFS;
- Regularly attend courses for which they have enrolled.

ENROLMENT PROCEDURE

Enrolments do not carry over from Term 1 and 2.

This Course information Brochure includes the details for Term Three and Four program and is not an Enrolment Form.

Enrolment Forms for Term Three and Four will be available from Monday 10th June 2024, when enrolments open.

No bookings will be accepted prior to this date.

HOW DO I ENROL FOR TERM THREE AND FOUR?

Completed Enrolment Forms can be submitted:

Drop Box



Reception, Level 1
97 William Street
PERTH

Place completed enrolment form (without payment attached) in Drop Box located at the Queens Reception.

Online at:



www.perthunitingchurh.org.au/enrolment

Email to:



Reception@tsfs.org.au

Print the form, then scan or take a photo of the completed form. Email it as an attachment.

Please note: no payments will be accepted with your forms, fees will be settled after enrolment.

To ensure fairness to all students, all completed enrolment forms and online submissions received from current students during the first week of enrolments (10th of June to 16th of June) are collectively held together and then selected at random when admin staff begin processing (seven days after enrolments open). This allows all current students equal opportunity to enrol regardless of what day they submit the form during this first week.

New students and enrolment forms received after the first week will be processed after all of week one's enrolment forms have been completed.

CLASS SCHEDULES

Below are the schedules for our Term 3 & 4 2024 classes, organised by building and then by day. Please use the descriptions in the following pages to find out more about each class, as you plan your enrolment.

Classes in the Trinity Building

MON	9:00 AM – 11:30 AM	Art Club
	9:30 AM – 12.00 PM	Next Step Drawing (Christine) MON (<i>Term 3 only</i>)
	9:30 AM – 12.00 PM	Painting for Pleasure (Janice)
	12:30 PM – 3:00 PM	Painting (Lyn) MON
	12:30 PM - 3:00 PM	Soft Pastels MON
	12:30 PM - 3:00 PM	Watercolour, Pen & Wash (Tony) MON
TUE	9:00 AM - 11:30 AM	Art (Caren) AM
	9:00 AM - 11:30 AM	Mixed Media a Different Way (Lyn)
	10:00 AM – 11:30 AM	Drama
	12:30 PM - 3:00 PM	Art (Caren) PM
	12:30 PM - 3:00 PM	Soft Pastels (Lyn) TUE
WED	9:00 AM - 11:30 AM	Painting (Paul) AM
	9:00 AM - 11:30 AM	Watercolour, Pen & Wash (Tony) WED
	10:00 AM - 11:00 AM	Line Dancing Continued
	11:15 AM – 12:15 PM	Yoga Intermediate
	12:30 PM - 3:00 PM	Painting (Paul) PM
THU	12:30 PM – 3:00PM	Decorative Drawing (Rod)
	9:00 AM - 11:30 AM	Art (Jeanne) AM
	9:00 AM - 11:30 AM	Art (Caren) THU
	10:30 AM - 11:30 AM	Tai Chi (Ruth)
	12.30 PM - 3:00 PM	Porcelain Art (<i>Term 4 only</i>)
FRI	12.30 PM - 3:00 PM	Art (Jeanne) PM
	9:00 AM - 10:00 AM	Tai Chi (Rita) FRI
	9:00 AM - 11:30 AM	Oil & Acrylic (Paul) AM
	9:00 AM - 11:30 AM	Next Step Drawing (Christine) FRI (<i>Term 3 only</i>)
	10:00 AM - 11:00 AM	Ukulele Beginners
	10:00 AM - 12:00 PM	Whittling and Carving (AM)
	11:00 AM – 12:00PM	Sing Along
	12:30 PM - 2:00 PM	Singing/Ukulele Jam Group
	12:30PM – 2:30PM	Whittling and Carving (PM)
	12:30 PM - 3:00 PM	Drawing Beginners (Christine) FRI (<i>Term 3 only</i>)
	12:30 PM - 3:00 PM	Oil & Acrylic (Paul) PM
1:30 PM - 2:30 PM	Dance Fitness Fusion Beginners	

Classes in the Queens Building

MON	9:00 AM - 10:00 AM	German Beginners Plus	
	9:15 AM - 10:55 AM	Conflict Resolution Series	
	9:30 AM - 11:30 AM	Canasta Five Beginners & Club MON	
	9:30 AM - 11:30 AM	Learn Bridge MON	
	10:00 AM - 11:00 AM	Spanish Conversation Intermediate	
	10:30 AM - 11:30 AM	Mandarin Beginners	
	11:00 AM – 12:00PM	Spanish Conversation Beginners Plus	
	11:30 AM - 12:30 PM	Mandarin Continued	
	11:45 AM - 1.15 PM	Tap ‘n Jazz ‘n More (Jan) MON	
	12:30 PM - 1:30 PM	Japanese 1	
	12:30 PM - 1:30 PM	Italian Beginners Plus (Denisse) MON	
	1:30 PM - 2:30 PM	Japanese 2	
	1:30 PM - 2:30 PM	Stretch and Strengthen	
	2:00 PM - 3:00 PM	Spanish Beginners (Elisa) MON	
TUE	9:30 AM - 11:30 AM	Intergenerational Program	
	10:00 AM - 11:00 AM	Spanish Beginners Plus TUE	
	10:00 AM - 11:45 AM	German Discussion Group (Christa) TUE	
	10:00 AM - 11:30 AM	Origami – Paper Folding	
	11:00 AM - 12:00 PM	Spanish Intermediate TUE	
	11.45 AM – 12.45PM	Global Matters <i>(Term 4 only)</i>	
	12:00 PM - 1:15 PM	French Advanced (Christel) TUE	
	12:30 PM - 2:30 PM	Mahjong Beginners Western TUE <i>(Term 3 only)</i>	
	12:30 PM - 2:30 PM	Mahjong Intermediate Western TUE	
	1:00 PM - 2:30PM	Biography Work: Life Charting <i>(Term 4 only)</i>	
	1:00 PM - 3:00 PM	Chess	
	1:15 PM - 2:30 PM	French Intermediate (Christel) TUE	
	WED	9:00 AM - 10:30 AM	Mahjong Club Experienced Players WED
		10:00 AM - 2.30 PM	Needlework Social Group WED
10:00 AM - 12:00 PM		Chinese Mahjong Beginners <i>(Term 3 only)</i>	
10:00 AM - 12:00 PM		Chinese Mahjong Club	
10:00 AM - 11:00 AM		Latin Beginners Plus	
10:00 AM - 11:30 AM		Walk Around town	
10:30 AM - 12:00 PM		Mahjong Beginners Western WED <i>(Term 3 only)</i>	
10:30 AM - 12:00 PM		Mahjong Continued Western WED	
11:00 AM - 12:00 PM		Book Club (Maxine)	
11:30 AM - 12:30 PM		Poetry Appreciation <i>(Term 3 only)</i>	
12:15 PM - 1:15 PM		Life Writing (Ruth) WED	
12:30 PM - 3:00PM		Canasta Five Beginners <i>(Term 3 only)</i>	
12:30 PM - 3:00 PM		Canasta Five Club – Experienced Players WED	
1:00 PM - 2:30 PM		Life Matters	
1:30 PM - 2:30 PM		Book Club (Liz)	

THURS	9:30 AM - 11:00 AM	Memor Writing Introduction
	9:30 AM – 11:00 AM	Conversational English
	10:00 AM - 2:30 PM	Needlework Social Group THU
	10:30 AM – 11:30 AM	French Beginners (<i>Term 4 only</i>)
	11:00 AM - 12:00 PM	Meditation
	11:15 AM – 12:45 PM	Memor Writing Workshop
	11:30 AM - 2:00 PM	Learn Bridge THU
	12:30 PM - 2:30 PM	Creative Writing
	1:00 PM - 2:00 PM	Indonesian Intermediate

ART & CRAFT

Material lists for art classes can be collected from Reception or emailed to you upon request.

Art

Art Club

This class is for people who want a creative and social space to work on their art projects without the need for tuition.

Art (Caren)

Caren Williams

Oil – Acrylic – Drawing – Watercolour

These classes cover the techniques required to create a picture using any of the above media. You may work on your own project with the assistance of an experienced tutor. *Materials list available.*

Art (Jeanne)

Jeanne McWhirter

Watercolour – Oil – Acrylic

From the complete beginner to the more advanced students, this course will cater for all. Ongoing tips and techniques offered to help you advance your skills. *Materials list available.*

Drawing

Drawing is an indispensable tool for many other fields of creative pursuit. Learning to draw properly will give you a much better chance of achieving the artistic and creative goals you may have, giving you the ability to see and express more efficiently.

Materials list available.

Drawing Beginners

Christine Morton (FRI) (Term 3 only)

Welcome to the most portable of all the art mediums. All you need is something to draw with and something to draw on.

We cover a variety of skills and techniques, styles and media, turning basic drawings into imaginative purposeful artworks.

All drawers are welcome from those who haven't drawn since primary school to those who have kept at it.

Decorative Drawing

This drawing class encompasses use of graphite pencils, coloured pencils and metallic pens on white and black backgrounds. This basis consists of training the eye to see and the hand to use the pencil to replicate in a line, drawing the subject. All skill levels welcome.

Next Step Drawing

Christine Morton (MON & FRI) (Term 3 only)

Next Step drawing classes are primarily for those students returning to my classes. In these classes students have demonstrated their confidence in making basic contour drawings.

I propose projects for the students to use their drawing skills to compose imaginative and purposeful artworks.

Beginners are welcome to join as there is no pressure to follow the project suggestions and as your tutor I am happy to guide all students on their creative drawing journey.

Mixed Media a Different Way

Lyn Williamson

Accommodating both traditional and abstract ideas, join a flexible and free flowing class. Learn how to utilise the modern, diverse materials that are available, as well as keeping a sketchbook to record visual observations, and give exercise to right brain creativity to help your overall cognition and sense of wellbeing!

Needlework Social Group

Faye Etherington

Join a group who share and help each other with hand-sewing, patchwork, cross-stitch, knitting, crochet, or any other needlework. Bring your own project along and your equipment. If you would like to learn to knit, bring 8ply wool and 4mm/No. 8 knitting needles. If you would like to learn to crochet, bring 8ply wool and a 4mm hook.

Note: This class is scheduled from 10am – 2.30pm on Wednesdays and Thursdays during term time. If you enrol for this class, you are welcome to stay for the whole day, or come along for any length of time during the class that suits you. This is the only class where this option is available, allowing students to join in around their other classes if they wish.

Oil & Acrylic

Paul Innes

Oil – Acrylic – Drawing

This course can offer you comprehensive art tuition at all levels of skill in most mainstream art medias such as: drawing, oil painting and acrylic painting. Covering basic fundamental, intermediate and advanced topics. *Materials list available.*

Origami – Paper Folding

George Ho

Origami is the art of paper folding. Learn the techniques to transform a piece of paper into an interesting object, for example a flower, bird or fish. Origami improves hand-eye coordination and fine motor skills. Beginners welcome. *All materials will be provided.*

Painting

Painting for Pleasure MON

Janice Oliver

Come as you are on a creative painting journey with us, either painting in acrylics or watercolours. Our group has a relaxed vibe. Everyone is welcome, whether a beginner or experienced artist.

If a beginner, it's probably easiest to work in acrylics, as you can paint in layers. Water colours you will have less control, so expect some lovely surprises.

Our class begins with a fun creative exercise or skill building session. Each week or two we will study a famous artist and learn about their lives and how to apply their techniques to our own painting style.

Or bring along your own project and paint it over a few weeks. We will paint from life or our own photographs, thereby creating our own unique masterpieces!

Painting (Lyn) MON

Lyn Williamson

Explore the versatile techniques of painting and be guided through the steps of how to successfully compose art work with instruction in colour theory and application techniques. *Materials list available.*

Painting (Paul) WED AM & PM

Paul Innes

Students develop their own painting projects with the help of the tutor as required to solve any technical, conceptual or compositional problems. Students will receive both individual and collective tuition. The course aims to give the students the confidence and skills to tackle any painting they are thinking of instead of being limited by an “I can’t do that” attitude. *Materials list available.*

Porcelain Art

Zilla Wong

Using porcelain as your canvas, you can decorate useful items. Porcelain pieces are fired for permanency, and some pieces are available at discounted prices from the tutor.

It is one of the oldest and most durable of arts. It was first developed and perfected in China. Many decades passed before the Europeans discovered the secrets of it. There are very few proponents still with the knowledge of this art. Do come to avail yourself of this knowledge.

Please note that this class will run without a Tutor for most of term 3

Basic materials supplied.

Soft Pastels

Soft Pastels MON

Sue McGowan

This course is suited to the student who would like to try pastels. Learn or improve on all subjects - flora/fauna, figure drawing, landscapes and modern art/drawing and sketching as you go. It is a delightful art form which allows you to quickly produce a picture without waiting for paint to dry. All skill levels welcome in these classes – from beginners to advanced. *Materials list available*

Soft Pastels TUE

Lyn Williamson

This course is open to anyone who is curious about the medium of soft pastel. It is one of the easiest art techniques to learn. The composition of the soft pastel lends itself to experimentation as well as traditional painting and drawing techniques. This includes some very interesting additions of other art materials and surfaces. The beauty of the medium is that you can produce work very quickly. Soft pastel has the ability to imitate drawing, painting and mixed media experimentation. You will

learn how to use pastels in ways that will extend your creativity. *Materials list available*

Watercolour, Pen and Wash

Tony Turner

A loose approach to drawing and painting. Take on a variety of both simple and complex subjects using free use of pencil, inks and watercolour. *Materials list available.*

Whittling and Carving

Garry Iles

Come along and try your hand at the addictive and tactile art of Whittling. We are a friendly group of enthusiasts who would love to meet you and show you how, with a few simple techniques, you could carve all sorts of critters, patterns or people.

We'll take you through basic knife skills, safety aspects, tool maintenance, wood selection and much more. If you have tools bring them along otherwise for beginners, we have some tools for you to try your hand. In no time, you'll be hooked!

FITNESS

Dance

Dance Fitness Fusion Beginners

Anibeth Desierto

Each session will start with a short warm-up of stretches and breathing exercises based on ballet & yoga to make it easier to move across the floor and maintain balance. The next stage will be a combination of dance moves based on Latin dances (such as salsa and cha-cha-cha), swing, jive, ballroom and cultural dances (Hispanic and Eastern dances) as the sessions progress. Comfortable clothing and footwear (with no heels) are recommended. Joy and fitness are important and that's what we aim for in these classes which are based on the dance instructor's work at WAAPA and dance shows for 20 years. Keep fit, dance and enjoy!

Line Dancing Continued

Sue Brett

Come join us for a fun filled class of line dancing. Learn repeated sequencing of steps to fabulous music, good for everyday fitness.

Suitable smooth soled footwear is advisable. Previous Line Dancing experience is helpful. Add an extra dose of joy and positivity to your day with a dance class.

Tap ‘n Jazz ‘n More!

Jan Hooker

Exploring coordination, movement and rhythm are essential in this class. Flexibility of ankles and feet are necessary requirements. Basic tap dance steps and jazz ballet routines are a major feature. Other dance styles are introduced from time to time. All done with another essential ingredient, FUN!

The tap technique is Soft Shoe Shuffle, as steel taps are not permitted in the UCIC buildings and shoe soles need to be leather or similar. This is a progressive class. So, if you want to have fun, improve your fitness and flexibility...see you in 2024.

Stretch and Strengthen

Katherine Cheng

This class will cover very basic anatomy, just enough to help students to get bodies comfortable and ready for activity, exercise, and movement. Using items easily found at home to build strength will also be covered.

Tai Chi

Tai Chi (Ruth)

Ruth Newman

In this class we focus on breathing as we enjoy the easy-to-follow movements. With practice, we can improve leg strength and balance. All students welcome to join with no experience necessary. Wear activity appropriate clothing and footwear.

Tai Chi (Rita)

Rita Choy

Yang style Tai Chi is known for its graceful and slow movements. It is suitable for people of all ages and fitness levels. These classes focus on improving coordination and flexibility, as well as muscle strength and balance, through breathing and movements. Tai Chi can improve both mental and physical health over time if practiced regularly. It is essential to wear clothes and footwear that do not restrict movements.

Yoga Intermediate

Jennie Ryan

Improve your flexibility, strength and overall wellbeing with yoga. Learn how to connect your mind, body and spirit for a rejuvenating and relaxing experience. This class combines breathing exercises, a variety of different yoga poses and closes with mindful relaxation. This class requires you to be able to get up off the floor unaided. Please wear comfortable clothing and bring your own mat.

GENERAL

Conflict Resolution Series

Rita Choy

Conflict and differences are a part of life. Dealing with conflict can be confronting, stressful and disruptive to people and those around them. Through interactive workshops, students are able to share their individual experience, discuss and explore practical strategies to resolve differences in a safe environment.

This course offers a basic understanding of what conflict is and how it arises. Each term focuses on specific skills that are essential to resolving conflict constructively, resulting in sustainable outcomes. The aim is helping you to build a toolbox with which you have the confidence to deal with different situations and issues.

The focus of term three this year is using critical thinking as a tool to find sustainable solutions to conflicts or differences. This tool enables people to identify presenting and underlying issues, examine points of differences that cause conflict, explore and evaluate potential solutions to arrive at an informed decision.

Global Matters

Rev Dr Katalina Tahaafe-Williams (Term 4 only)

Dr Martin Luther King Jnr famously said: 'Nothing in all the world is more dangerous than sincere ignorance and conscientious stupidity.' Dr King's words aptly describe so much of the world we live in today. This class offers an opportunity to engage in open, informed, respectful and stimulating discussion about the big global issues we face in the 21st century from world poverty to human trafficking, from climate justice to sustainability, from capitalism and economic development to Indigenous Spirituality, from migration, displacement, and refugees to population

growth, from contemporary forms of colonisation and imperialism to nationalist populism, from religious fundamentalism to xenophobia and secularism... and so on. The list is certainly extensive. We will map global trends to inform our conversations and each topic will be explored through various lens including cultural, political, sociological, philosophical, and theological perspectives. Each of the seven weeks will have a thematic focus. A weekly guide will be distributed to the group prior to the class that will include the theme and at least two short articles to help students prepare and identify important points to raise in class. Our learning approach will be creative, interactive, and fun.

Life Matters

Agnelo D'Souza

If you are ALIVE, your LIFE, MATTERS

Life Matters is a friendly group that helps you discuss all the big stuff that touches our lives: relationships, family, health, education, money, work, technology and digitisation as well as consumer and social issues. The content is a mixture of information and personal responses. A preparation guide is emailed a week in advance containing a description of the topic and some suggested areas to research. The discussion format is open-ended, giving all students an opportunity to participate and express their views. Life Matters sessions offer a unique opportunity to explore some of the above topics in a focused, easy-going manner with like-minded people, where all students can participate and get involved... divulging the immense knowledge and experience they have and stimulating the grey matter in the brain.

Meditation

Rhonda Phillips (Term 3) Cate Salter (Term 4)

Meditation is a state of deep relaxation of the body and mind which produces a different level of consciousness than either sleep or wakefulness. It has numerous benefits physically, mentally and emotionally. Meditation enhances well-being, reduces stress and puts day-to-day life into perspective. This class is seated and therefore suitable for all levels.

Walk Around Town

Luis Carro

A look at some interesting places within an hour and a half's stroll of the School. Students require a good level of general fitness for walking and climbing stairs. Wear comfortable and appropriate clothing, including a

hat, sunglasses and sunscreen and bring along a water bottle. This class departs from the foyer in the Queens Building each week.

LANGUAGES

It is advisable to commence beginner level language courses at the start of the year. Language courses are intended to be continued throughout the year, subject to availability.

Conversational English

Liz Williams

If English is your second language, have fun learning conversational English with a focus on your hobbies, interests and needs. You will learn phrases and vocabulary for real life experiences when speaking, listening, reading and writing, often in role play scenarios.

French

French Beginners

Dallas Magann (Thurs)

This is an introductory course for beginners with limited French language experience. Through simple stories and short dialogues students will be introduced to basic grammar and pronunciation whilst gaining confidence to delve further into the language. The aim is to discover the joy of learning a foreign language whilst having fun.

French Intermediate

Christel Bouton (TUE)

This class is consolidation for those with some understanding of the French language. This class embraces verb conjugation, introduces simple texts and stimulates basic conversation.

French Advanced

Christel Bouton (TUE)

This course is designed for those with a deeper understanding of verb conjugation and a facility to communicate readily and converse with greater ease. Ideally this class is to be conducted entirely in French.

German

German Beginners Plus

Julia Bush

Build a solid foundation in German while honing your grammar, reading, and language comprehension skills. This class is perfect for those who want to strengthen their grasp of German with a variety of exercises and practices. The class is suitable for beginners with some prior exposure to German and anyone who wants to enhance their understanding of German grammar.

German Discussion Group

Christa Kaltenbrunn-Long

Interessante Diskutier- und Unterhaltungs Stunden mit Christa. A good level of German is required to participate in this discussion group.

Italian Beginners Plus

Denisse Scasserra

This course is for students wanting to continue learning the Italian language and understanding its rich traditions and culture. As it is a **Beginners Plus** course new students will need to have had some Italian language learning in the past. The emphasis in the lessons are on listening, speaking, reading and writing in Italian on themes related to everyday life.

Japanese

Japanese 1

Yoshinori Ohtsuka

Introduction to basic Japanese expressions necessary for: greetings, dining out, shopping, visiting Japan, plus cultural do's and don'ts.

Japanese 2

Yoshinori Ohtsuka

Short dialogues, moving on to conversations based on Japanese ways of conducting tasks in different situations and occasions.

Latin Beginners Plus

Ross Angell

This course will offer practice and drills in basic Latin grammar through class exercises, supplemented by readings in simple prose. This will lead to guided readings in recognised Latin texts. As it is

a **Beginners Plus** course new students will need to have had some Latin learning in the past.

Mandarin

Mandarin Beginners

Katherine Cheng

A course to introduce Mandarin to speakers of English. Greetings, numbers, phrases for travelling and dining will be covered.

Mandarin Continued

Katherine Cheng

Students and learners with some previous study of Mandarin will continue to build vocabulary and learn useful phrases or words to add to their communication database.

Spanish

Spanish Beginners

Elisa Fuentes

This is a communicative approach to learning a new language. Discover and learn Spanish culture, etiquette, geography and vocabulary through reading, writing, listening, and speaking.

Spanish Beginners Plus

Isabel Lopez

A consolidation class for those with 1-2 years of Spanish language experience. Discover and learn Spanish culture, etiquette, geography and vocabulary through reading, writing, listening and speaking.

Spanish Conversation Beginners Plus

Mara Delgado Casas

A friendly, informal opportunity to speak Spanish, practice your skills, and learn about the language and culture. Suitable for people with less than 2 years Spanish experience.

Spanish Conversation Intermediate

Mara Delgado Casas

A friendly, informal opportunity to speak Spanish, practice your skills, and learn about the language and culture. Discuss topics of interest and meet like-minded people. Suitable for people with more than 2 years Spanish experience.

Spanish Intermediate

Isabel Lopez

An intermediate class for those with 2+ years of Spanish language experience. Discover and learn Spanish culture, etiquette, geography and vocabulary through reading, writing, listening, and speaking.

LITERATURE

Biography Work: Life Charting

Dale Irving (Term 4 only)

Biography Work helps create a comprehensive panorama of your life. The process of charting uses artistic activities such as drawing, writing and sharing conversations to evoke and explore memories.

The chart you create might be a basis for further memoir writing, provide a fine overview of your life to share with family and offer you a vista of your life journey.

Book Club

Maxine Kaempf & Elizabeth Grey

Read the world through the eyes of writers who love language. Enhances the reader's understanding of what it means to be human. Students help select the books read in this class. *Some library books supplied, or source your own book from your local library or bookstore.*

Creative Writing

Ian Nichols

A class for those who wish to find ways to express themselves, their stories and the stories of others in writing. It covers the basics of expression and will give help to achieve your writing goal.

Memoir Writing

Life Writing

Ruth Newman

Students explore aspects of memoir writing and strategies for recording the journey of their personal experiences.

Memoir Writing – Introduction to Memoir

Jim Pollock

“Memories are for you. Stories are for your reader. “This class is about how to tell a story about parts of your life – called Memoir.

You will acquire the tools you need to build structure in your writing so a reader will not get lost and will enjoy your story. You will be offered the chance to apply the learning weekly and receive helpful and constructive feedback from other class members. Basic word processing skills are all you need to be involved.

Memoir Writing – Workshopping

Jim Pollock

This class is for students who wish to take what they learn in the introduction class and apply it in a workshopping format. That is, we work together to help each other improve and refine our individual memoir project. It is necessary to know the tools we are using (from the introductory class) in order to work in this way. The outcome can be anything you want to write as memoir: a book, a collection of personal essays, or anything in between. Suitable for people who have previously attended the introduction class.

Poetry Appreciation

Sarah Berryman (Term 3) Louise Hodge (Term 4)

Explore the passion and beauty in life through the lens of poetry. A class designed for both the beginner and the experienced lover of poetry, this class will transport you through time and literature to discover and discuss the magnificent hidden world this powerful form of expression can reveal.

THE ARTS

Drama: Playing At Being Human

Dale Irving

Voice work, movement, improvisation and working with texts, especially Shakespeare, will be part of this course. It is about allowing voice, body and your whole self to interact creatively with others and to have fun. Drama is a way to explore the psychology of being human through character work and expanding your voice, movement, and imagination. Come along and enjoy the freedom of playing at being human. We might even work to a small performance if the group is keen.

Singing/ Ukulele Jam Group

Joe Wisniewski

Bring Your Voice and/or Ukulele/Guitar/Banjo etc.

This is your group to just sing or sing and play. A session of singing and music with plenty of variety. Song sheets will be provided. Group input and ideas for songs will be welcomed. Group members will be welcome to lead on their favourite songs. We will pretty much give anything a go and all abilities are welcome. It is about having musical fun together. Just sing, sing, and strum, or just play your ukulele, guitar etc. We have a cajon (Drum) player to add to the band and are looking for a pianist and bass player for a (big) sound in the rhythm section. Don't miss out on this exciting opportunity to be part of something big at Trinity. (Tell your friends).

Sing Along

Karen Dick

A fun singalong for everyone with a variety of songs from different eras and of different styles with backing music.

You are also welcome to bring your favourite song for all of us to sing together.

Ukulele Beginners

Joe Wisniewski

This is a good time to start learning to play one of the world's most popular instruments because, most people who have one, can get a tune out of it. You may have one lying around the house or know someone who might lend you theirs. For those who do not have a uke come to the first class to find out what to look for. Come along with or without a uke and find out your hidden talent. The class will start with a step-by-step introduction to the ukulele, how to tune the ukulele and then you will learn chords. Some chords only use one or two fingers. Then we pick a song and play together, learning more as we go. If you can sing, bonus!

RECREATIONAL

Learn Bridge

Sandra & Don Sutton-Mattocks (MON & THU)

Absolute Beginners and Progressors all accommodated at each session. Bidding (Standard American), Play and Defence. Qualified Australian Bridge Federation teachers at both sessions.

Canasta Five

Canasta Five Beginners

Barry Etherington (MON)/Penny Seale Hellens (WEDS Term 3 only)

Canasta Five is a very popular, sociable, and enjoyable card game that will keep your mind active whilst enjoying the company of others. Beginners are very warmly welcomed. If you have not tried it before – why not try it now!

Canasta Five Club MON & WED – Experienced Players

Barry Etherington (MON)/Penny Seale Hellens (WEDS)

The Club is on Mondays and Wednesdays. This class is designed for experienced players who do not require tuition. It is a very social game which gives you the opportunity to meet with other experienced players in a friendly setting. Whenever possible, partner Canasta is played (dependent upon the total number of persons attending at any one time) though this cannot be guaranteed.

Chess

Luis Carro

If you would love to learn how to beat your grandchildren at chess, come and join us. Fine tune the strategies and skills needed to checkmate your opponent's King. Playing Chess is a great way to keep your mind sharp by trying new tactics and strategies. Beginners welcome. Players need perseverance and patience!

Chinese Mahjong

Chinese Mahjong Beginners

Doug Hellens (Term 3 only)

Chinese Mahjong is a game of skill, strategy, calculation and to a certain degree, luck! Learn how to play this intriguing brain game, which not only is fun to play but also stimulates the brain and enhances memory and attention. Chinese Mahjong based on the Cantonese version will be played. Malaysian/Singaporean style gameplay, rules and scoring system are used. Suitable for beginners who would ideally complete one term of beginners then move into the club in term 4 to continue playing.

Chinese Mahjong Club

Doug Hellens

Chinese Mahjong is a game of skill, strategy, calculation and to a certain degree, luck! Learn how to play this intriguing brain game, which not only is fun to play but also stimulates the brain and enhances memory and attention. Chinese Mahjong based on the Cantonese version will be

played. Malaysian/Singaporean style gameplay, rules and scoring system are used. Experienced players welcome. Not suitable for beginners.

Mahjong (Western Version)

Mahjong Continued (Western Version) WED

Sue Tomasz

This class is for players with Mahjong skills above Beginner level. Improve or refine your skills in this ancient Chinese game. Enjoy the opportunity to catch up with other players or meet new people in a relaxed, friendly and supportive environment. All equipment is provided.

Mahjong Beginners (Western Version)

Penny Searle Hellens TUE (Term 3 only)

Sue Tomasz WED (Term 3 only)

Learn how to play Western Mahjong in a relaxed beginner's class. This intriguing game will stimulate your brain, improve your memory and offer an opportunity to meet new people in a friendly and supportive setting. If you have not tried playing Western Mahjong before, now is the time to do so! Players can continue to further practise their new skills if they enrol in Mahjong Continued or Intermediate in term 4. All equipment provided.

Mahjong Intermediate TUE (Western Version)

Penny Searle Hellens

This class is for all players with Mahjong skills above beginner level. Improve or just enjoy applying your skills in this ancient Chinese game and enjoy the opportunity of catching up with other players or indeed, meeting new people in a relaxed, friendly setting.

Mahjong Club - Advanced Players (Western Version)

Glennis Green

This class is designed for advanced players as there is no tuition. Regular attendees of this class are very experienced and fairly fast players. If you are an experienced player or an intermediate player who would like to improve on speed, then this is the class for you. It is also an opportunity to meet other experienced players in a friendly setting.

ENROLMENT POLICIES

Membership Fee \$99 per term

Membership Fee allows enrolment in three (3) courses per term. To enrol in more than three (3) courses, a surcharge of \$20 per course will apply.

Enrolment is limited to 2 art classes per student each term. Participants must be 60 years or older. (You may enrol the term you turn 60)

PAYMENTS

Fees are payable by cash, cheque or EFTPOS.

If paying by cheque, please make it payable to: **Uniting Church in the City**. We cannot accept cheques made out to TSFS.

REFUND POLICY

Withdrawals **prior** to the commencement of term will be refunded the fee, minus a \$5.00 administrative fee for processing the reimbursement.

No refunds or credit will be given once term has commenced.

ABSENTEE POLICY

If a student is absent from a class for 2 consecutive weeks or more without explanation, their place in the class will be offered to the next student on the waiting list.

To prevent losing your place in a class, please notify Reception regarding absences/extended holiday arrangements in advance. Any late notice absences can be communicated to Reception by telephone or email. If you have not been attending classes for genuine extenuating circumstances, upon return to TSFS, Admin staff will do their best to accommodate you back in your usual classes if a place is available.

COVID-19 VACCINATION POLICY

UCIC recommends all attendees remain up to date with their covid vaccinations.

WAITING LISTS

Due to high demand for some courses, once a course is fully booked students will be placed on a waiting list. As soon as a vacancy arises, TSFS admin staff will contact the next student on the waiting list to offer a place in the class.

ENROLMENT PERIODS

Enrolments open on 10th June 2024. All forms received between the 10th and 16th June will be held together then processed in a random order from 17th June for existing students only.

Then, new students enrolment forms received between 10th and 16th June will be processed after the first batch of enrolment forms belonging to existing students (submitted 10th – 16th June) have been processed.

All forms received after the 16th June will be processed in the order they are received, once all the forms from the first week of enrolments have been processed.

Enrolments remain open for the entire term. Students may make changes to their selected courses at any time, subject to course availability.

Term 1 & 2 2025 enrolments will be made available during Term 4 2024.

RIGHTS IN RELATION TO GRIEVANCES

Every student has the right to:

- Be able to register a complaint or grievance against any learning procedure, administrative procedure, perceived discrimination or harassment or the abolition or suspension of any right set out in the Student Charter;
- A clearly documented process for dealing with a grievance which is confidential, non-discriminatory, unbiased and accountable; offers the opportunity to be accompanied to meetings by a person of their choice; and leads to a resolution within a reasonable timeframe; and,
- To receive reasons for resulting decisions, and to experience no repercussions as a result of participation in the process.

Further details on the UCIC Policies and Procedures for Grievance for TSFS are available from TSFS Reception.

CLASSROOM LOCATIONS

TSFS classes are held in two locations. The buildings are approximately 5-10 minute walk apart through the city so please consider travel time between classes when choosing your timetable. The building location for each class can be identified on your timetable - see the coding next to room description on your timetable.

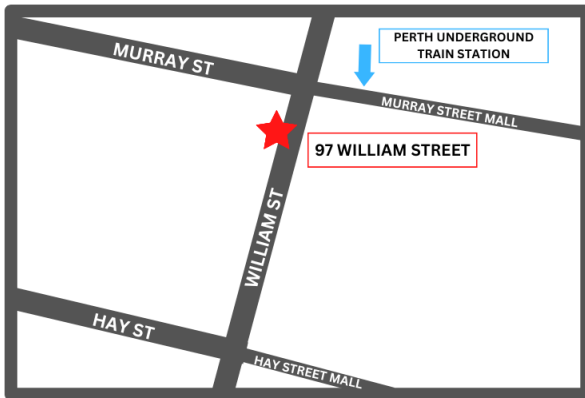
Q = Queens Building

T = Trinity Building

Queens Building – 97 William Street, Perth

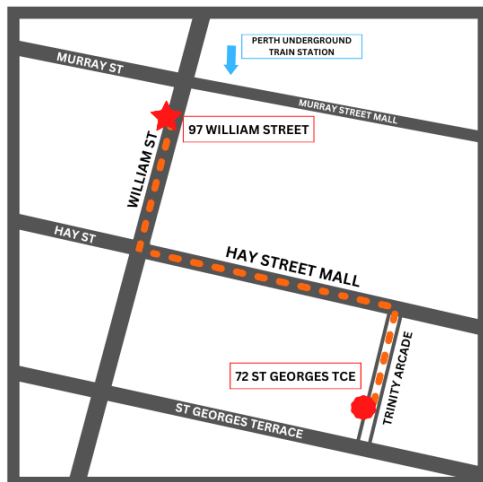
TSFS Reception is located on Level 1.

Classrooms are located on Level 1 and 2.



Trinity Building – 72 St Georges Terrace, Perth

All classrooms are located on the Ground Floor, Trinity Arcade.



DECLARATION

By submitting an enrolment form, you agree to abide by the following declaration:

- I declare that the information I have provided is correct.
- I understand that my personal information will be handled in accordance with the Privacy Act legislation.
- I support Trinity School for Seniors' Code of Conduct and commit to supporting TSFS in maintaining a safe place for all, treating all students and staff with respect and caring for the well-being of the community.
- I have read and agree to abide by the TSFS Student Charter and Student Handbook. These documents can be viewed at www.perthunitingchurch.org.au/tsfs-student-charter, or collect from TSFS Reception.

Notes

ANNUAL ART & CRAFT

TRINITY SCHOOL FOR SENIORS

EXHIBITION



Family Time (Pen & Graphic Marker) by Geoffrey Naughton

TRINITY CHURCH HALL, 72 ST GEORGES TCE

11AM - 2PM SUN

9AM - 3PM MON - THURS

FREE ENTRY

OCTOBER
13-17

2024



www.perthunitingchurch.org.au/trinity-school-for-seniors



9483 1333



Scan this QR code to save our contact details to your phone:



Trinity School for Seniors
Companionship through Learning

Level 1, 97 William Street, Perth WA 6000
PO Box X2222, Perth WA 6847
(08) 9483 1333 | Reception@tsfs.org.au
www.perthunitingchurch.org.au

Office Hours:

Term time - Monday to Friday 9am – 3pm
Holiday time - Monday to Friday 9am – 12pm



Front Cover Artwork: Gum Blossoms, by Dianne Orman